2023 New Year’s Day

**BE STILL, AND KNOW THAT I AM GOD**

(Psalm 46)

**Open it:**

1. What makes it so scary to experience a natural disaster such as a tornado, hurricane, or earthquake? What makes you feel safe and secure?

**Explore it:**

1. Read verses 1-3. What words of hope introduce the poem? (1) What imagery did the psalmist use to describe the threats God’s people face? What kinds of threats do we face today?
2. Read verses 4-7. How does this psalm describe the city of God? How will the city of God be protected? What does this psalm teach us about God’s power over the nations and governments of the earth? How do the people of God respond to his deliverance?
3. Read verses 8-9. What blessings do God’s people enjoy? How does this psalm describe the final victory the Messiah will bring? (9; Isa. 2:4)
4. Read verses 10-11. What specific instruction does the Lord give to his people? (10) What does it mean to “Be still, and know that I am God”? How can we practice being still before the Lord? What comforting promise concludes this psalm? (11)

**Apply it:**

1. How can you remind yourself of God’s presence with you? In what ways could you be still before the Lord?